

# TREATMENTS

## 2018

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**ILLUMIN8**  
BEAUTY

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# HANDS & FEET

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## Hands

Cuticles are softened and tidied, nails filed and shaped then finished with a long lasting glossy colour of your choice. The treatment is finished with a relaxing hand and arm massage using nourishing cream

Polish manicure £30

2 Week manicure £35

Gel manicure £45

## Feet

Feet are soaked, pumiced, exfoliated, cuticles are tidied, nails filed and shaped, then finished with a long lasting glossy colour of your choice. The treatment is finished with a relaxing foot and leg massage using cooling hydrating cream

Polish pedicure £40

2 Week pedicure £45

Gel pedicure £55

Choose any manicure and pedicure from our menu and receive 10% OFF

Gel removal £10

File & paint £15

Gel freshen up (within first 7 days of treatment) £15

Broken nail repair £15

## Treats

French manicure from £10

Bespoke nail art from £5

Anti aging collagen hand mask with heated mitts £20

Invigorating clay foot mask with heated booties £20

1bx professional nail treatment £20

A fantastic treatment that works like a filler to repair and smooth your natural nails creating a protective barrier allowing you to grow them longer and keep them healthy and strong. Recommended as part of a course

Bespoke medical pedicure

Suitable for the treatment of ingrown toe nails, missing toe nails, hard skin, callouses, corns, finished with a glossy colour of your choice

\*A phone consultation will be conducted prior to your appointment to ensure we schedule enough time to meet your treatment requirements

60Mins £65

75Mins £75

90Mins £80

Callus peel

A luxurious treatment to remove callused skin from hardworking hands and feet, leaving them feeling soft, smooth and revitalised. This treatment can be added to any of our manicures and pedicures or as a stand-alone treatment \*safe for pregnant women and diabetics

Hands £20

Feet £25

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# WAX

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½ leg (lower) £21.00  
½ leg (upper) £22.00  
¾ leg £25.00  
Full Leg £30.00  
Underarm £15.00  
Upper lip £13.00  
Lip and chin £15.00  
Chin £13.00  
½ Arm £22.00  
Whole arm £27.00

## Mens

Chest £25.00  
Chest and back £45.00  
Back £30.00  
Neck £20.00  
Ears £15.00

## Intimate Wax

Basic Bikini W £18.00 | H £21.00  
Extended Bikini W £23.00 | H £27.00  
Brazilian W £36.00 | H £38.50  
Hollywood W £40.00 | H £42.00

W=Warm Wax H=Hot Wax

### Pre waxing instruction:

If you're really worried about the pain, and haven't had waxing before then take 1 or 2 paracetamol about 30-40 minutes before your appointment. This can help reduce the surface discomfort.

Make sure your hair is long enough to remove completely from the roots - it should be at least 0.5 centimetres. If you've shaved the area within the last few weeks it might take a couple of waxes to get your hair into a cycle of growth that allows the most effective wax finish.

### Post waxing instruction:

It's normal immediately after your wax for a little bit of redness to appear. This should disappear after a few hours.

No sunbathing for at least 12 hours

No heat should be exposed to the area for a minimum of 12 hours

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# LASH & BROW TREATMENTS

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Lash and Brow Essentials

Lash Tint £20

Brow Tint £15

Eyebrow Shape £15

Lash and Brow Tint and Brow shape £40

Lash Lift and Tint £70

An alternative to false lashes this clever technique adds lift, volume and curl to your natural lashes for a long and luscious look that lasts between 6 to 8 weeks

\*A patch test will be required for first time customers

Lash Extensions

Nouveau Lash Extensions

Individual lashes are applied one at a time to your own eyelashes giving fuller, thicker lashes with added volume

Individual Lashes Full set £120

Individual Lashes Express £70

\*We recommend a complimentary 7 day follow up

Add Lash Tint to enhance bottom lashes £15

\*A patch test will be required for first time customers

## Infills

To keep your lashes looking their best there is some maintenance required and you will need to return for a professional top up every two to three weeks

### Individual Lash Infills

30mins £30

60mins £45

### Ultimate Eye Enhancement £150

Lash lift, tint, express lash extension, eyebrow tint and shape the ultimate eye enhancement and perfect for no makeup holidays

### Lash Removal

When the time comes you will also need to return to have your lashes professionally removed to ensure your lashes aren't damaged in the process

### Professional Lash Removal £20

### Strip Lashes £30 (includes lashes)

Nouveau strip lashes are perfect for an event offering intense volume from the root giving a gorgeous natural appearance. They are light weight and easy to wear

# FACE

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## ILLUMIN8 BESPOKE FACIAL TREATMENTS

At Illumin8 Beauty we know good skin and how to achieve it and how to look after it. Your Skin is our passion - Let our skin experts tailor make the perfect facial treatment for you  
Our facials leave your skin refreshed, replenished and illuminated and feeling good

Advanced skin facial £100 (60mins) £150 (90mins)

Anel our facial specialist will tailor make your perfect facial for your skin care needs and goals. A bespoke and intensive treatment beginning with skin analysis and skin goals Anel will design a treatment plan and home care routine to suit your skin, budget and lifestyle

Illumin8 Rejuvenating advanced Skin Peel £120 (30mins)

A superficial skin peel will rejuvenate and illuminate your skin with no down time. Anel will tailor your treatment to your skin needs for the ultimate glow!

Illumin8 bespoke facial £80 (60mins) £120 (90mins)

Reveal a flawless and poreless complexion with this personally customised deep cleansing facial that will treat the visible signs of ageing, blemishes, pigmentation, fine lines and wrinkles. A great monthly maintenance facial - holistic relaxed

CACI Non Surgical Facelift £65 (60mins)

A clinically proven treatment using Microcurrent to lift muscles and redefine facial contours for a more youthful appearance without the need for surgery! We use exclusive medical grade Growth Factors within our treatment for extra rejuvenation

Magic Champagne peel £120 (60mins)

The Magic Champagne peel contains active ingredients, which provide an intensive, anti-ageing treatment with an immediate effect. To combat effectively the factors that accelerate skin ageing. During the treatment the skin becomes visibly younger, smooth and uniform. Wrinkles and fine lines fade, reducing skin imperfections. The result is a rejuvenated, glowing skin

## ESPA FACIALS

Loved all around the world, Espa's Tri-Active™ formulations contain unique combinations of plant actives, marine actives and essential oils to create the most effective, natural products. Guided by a holistic philosophy and working with biochemists, skin experts and aromatherapists combining scientific power and the purest natural ingredients Espa have developed natural skincare products and treatments that deliver instant benefits and also work beneath the skins surface to protect the long term health and beauty of the skin

Lift and firm eye treatment £60 (60mins)

An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches

Lift and firm facial £70 (60mins) £90 (90mins)

Highly effective and entirely personalised, this advanced facial treatment uses specialised skin toning and lifting massage techniques alongside naturally powerful skincare to stimulate collagen production and help combat the signs of ageing. The results are instant - lines and wrinkles are minimised and the complexion is smoother, firmer, even-toned and instantly rejuvenated

Optimal skin pro facial £70 (60mins)

Reveal your skin's true potential. With expertly tailored facial techniques and the optimal pro skin collection this facial will rebalance, hydrate and revitalise your skin. This facial instantly revives and brightens the complexion while helping to protect against environmental damage and delay the early, invisible signs of ageing. Optimal Pro Facial is for all skin types and all ages

Age defying facial £70 (60mins) £90 (90mins)

A luxurious and regenerating facial for maturing skin minimises lines and wrinkles around the eyes, neck, lips and jawline to help combat the signs of ageing. Through the use of age-defying massage and nutrient rich products this treatment visibly improves the appearance of the skin leaving your complexion toned, radiant and rejuvenated

Skin Radiance facial £70 (60mins) £90 (90mins)

Using a combination of deep cleansing and skin brightening techniques including age-defying massage and Espa's revolutionary Skin Radiance Intensive Serum, this advanced facial leaves your skin looking smooth, supple and radiantly healthy

Suitable for all skin types and ages, this treatment combines the unique Optimal Skin Pro Cleanser, which gently exfoliates as it melts into the skin with a deep Clarisonic brush cleanse and brightening mask to remove dead skin cells. An age-defying and sublimely relaxing massage using Rose Quartz Crystals follows, finishing with a lifting & soothing mask leaving your complexion smooth, supple and looking radiantly healthy

For the ultimate flawless finishing touch, new Naturally Radiant Tinted Moisturiser SPF15 is applied as an alternative, or in addition to a tailored facial moisturiser

## BEAUTYLAB FACIALS

Here at Illumin8 Beauty we love Beauty Lab – A creative collection of intelligent, highly defined and functional skincare. The success of BeautyLab is based on pioneering skincare science, integrating smart technology and peptide rich formulations; combined with the philosophy of re-activating and re-educating the skin to achieve a youthful looking, flawless complexion

Paraben-free | Alcohol-free | Rich in Peptides  
Intelligent Actives | Ethical

Black Diamond anti aging glamourising facial £100 (60mins)  
This luxurious premium treatment gives you instant glamour and long-term anti-ageing benefits. Incorporating a gentle peel, pure oxygen, and a range of Beautylab black diamond product applications. To finish thousands of encapsulated diamond core particles are tion of i,ghlbrush6nedll lov

# BODY TREATMENTS

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What's good for the body is good for the mind. Our luxurious body treatments not only have the feel good factor they deliver fantastic results too

fit8 slimming detox personalised Body Wrap £85 (90mins)

A luxurious skin detoxifying body treatment. Skin is primed using body brush techniques and warming body polish; you are cocooned in a detoxifying wrap. The treatment is finished with a lymphatic draining massage to remove toxins and boost circulation

Signature Body Polish hydrating Body Wrap £80 (90mins)

An indulgent skin polishing hydrating body treatment. Skin is body brushed and primed with warming body polish; you are then cocooned in warm oils to nourish and hydrate the skin. The treatment is finished with a full body massage to leave you feeling revived and relaxed

Cellulite Busting Treatment £35 (30mins)

A professional body contouring cellulite treatment clinically proven to smooth fatty deposits, refine contours and rejuvenate the skin

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Aromatherapy Full Body Massage £70 (60mins)

Release tensions and unwind with a deeply relaxing massage using warm oils that will leave you refreshed, revived and revitalised

Aromatherapy Full Body, Scalp and Face Massage £90 (90mins)

Enjoy an extended full body massage with an indulgent scalp and face massage using lymphatic drainage and facial muscle toning techniques

Deep Tissue Massage £45 (30mins) £70 (60mins) £90 (90mins)

Deep tissue massage targets deeper muscle groups to manage tension, fatigue and muscle pain. A deeper pressure following the muscle from insertion to origin the aim is to release muscle knots and restore elasticity, improve blood flow and kick start the body's natural healing process. This prescriptive massage can be tailored to concentrate on specific areas

Neck Back and Shoulders £10 (30mins) £15 (45mins) £20 (60mins) £25 (75mins) £30 (90mins) £35 (105mins) £40 (120mins) £45 (135mins) £50 (150mins) £55 (165mins) £60 (180mins) £65 (195mins) £70 (210mins) £75 (225mins) £80 (240mins) £85 (255mins) £90 (270mins) £95 (285mins) £100 (300mins)

# TANNING

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Fake Bake is the tan talked about the world over. The unique 99.99% organic formula is derived from natural tanning agents DHA and Erythulose. The Tan works with the top layers of your skin to develop a natural looking long lasting tan

Fake Bake “60 minutes” £30

This revolutionary formula develops a golden tan in only one hour, a bronze tan after two hours and a deeper colour after three hours

Fake Bake instant glow spray tan £25

Fake Bakes globally famous and bestselling Original Spray Tan

Fake Bake bespoke spray tan £35

Everyone has areas of their body that contain less natural pigment and are harder to tan. Step forward Fake Bake Bespoke Tan to help bronze those hard to tan areas of the body, whether it is your legs, chest, face or another area where you struggle to achieve the same depth of colour

Manual application tan & full body scrub £55

A delicious body scrub removes dead skin cells & leaves your skin perfectly soft and clean ready for your tan application

Body polish treatment £45

Ideal pre holiday and pre fake tan preparation the combination of dry body brushing and a full body salt scrub prep your skin to ensure an even long lasting glowing tan

### Before your tan:

Exfoliate lightly a few days before the spray tan

Wax or shave at least 24 hours prior to treatment

On the day of your Fake Bake treatment DO NOT wear any make-up, deodorant, perfume, body oils or lotions as these may react with the tanning agents in Fake Bake self-tan

Wear loose, dark clothing, sandals or flip flops

### After your tan:

Keep skin completely dry, avoid water contact

Do not apply any products over the developing tan

Allow tan to develop for at least 4-6 hours (excluding 60 Minutes Spray Tan Liquid, which can be rinsed off after only 1 hour)

Avoid other beauty/hair treatments whilst tan is developing

Avoid activities that make you perspire

Drink hot beverages through a straw as contact with a hot cup can strip colour from around your mouth

Rinse off remaining guide colour with warm/hot water. Once the water runs clear gently wash yourself with a mild soap

Avoid products that contain oils as they can strip colour

Avoid swimming pools as Chlorine will prematurely fade your tan

To prolong your tan use Fake Bake Mistifier, to lock in colour. This will also hydrate your skin

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# PROFESSIONAL MAKE UP

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Our talented team offers a range of services from lips to lashes to a full makeup look. We also offer make up tutorials so you can re create the look at home

Whatever the occasion we are committed to ensuring that you look and feel beautiful after your makeover and we take time to consider you're your personal style and preferences, the outfit and accessories you will be wearing and how you will be having your hair

We strongly recommend a trial for big occasions such as weddings and proms to ensure we get the look just right

Mini Make over £35

Occasion Make up or just because you feel like a revamp  
£50

Make up Trial £40

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# WEDDING MAKE UP

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from £75

On the day we always arrive with plenty of time to liaise with your hair stylist and find a well-lit spot to create the perfect look

We can be on hand to last minute touch ups before you and your bridal party leave for the ceremony or you can have your personal make up artist on hand all day and evening to carry out touchups or changes that might be needed... so that one tear wont lead to a makeup disaster!! Many brides find this helpful particularly if you are changing your look for the evening.

Remember its your day and we will be there for you...

We promise you will look and feel wonderful

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# TEEN CORNER

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We understand the importance of looking after yourself and establishing a good beauty regime from a young age. Our exclusive range of teen beauty treatments and packages for 13 to 17 year olds is the ideal introduction

Manicure £20

For dazzling digits enjoy a file, tidy and polish

Pedicure £25

For top toes enjoy a file, buff and polish

Teen Dream Facial £45

We use a specialist range of products and include steam and blue light therapy to treat an array of teenage skin issues with our bespoke teen facials. From oily skin, blemishes, pesky spots to stubborn skin complaints our personalised teen facial will improve both complexion and confidence

It's a Wrap body Treatment £50

Gentle massage to de stress and relieve any tension followed by a gentle body exfoliation and finished with an indulgent and warming body wrap  
An ideal treatment for post exam stress or simply a lovely treat

\*Can be done wearing swimwear or underwear

Teen Make Over prices from £25

We offer teen make up workshops for individuals or small groups and makeovers for any occasion. Our Makeup artists are on hand to enhance natural beauty and offer advice for correct makeup application hints and tips

\* Ask us about our Teen Pamper Parties. At home or in salon we offer fun beauty experiences and packages

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**I L L U M I N 8**  
**BEAUTY**

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